

Spiritual Leadership Integration Model (SLIM)

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What is SLIM? It is a spiritual formation model developed to promote spiritual growth and leadership skills among Christians.

Spiritual Formation is the intentional development of the Christian life through the practice of the spiritual disciplines in order to become more like Jesus Christ.

The purpose of this study is to integrate the spiritual disciplines with modern leadership qualities. This will benefit both the inward function of the Church, as well as strengthen Christians working in the secular community. The *Spiritual Leadership Integration Model (SLIM)* is a practice in spiritual formation for 21st century leaders. It will encourage Christian leaders in their relationship with Jesus Christ and their life with God.

Twelve SLIM Principles

SLIM Module 1: Learning to Listen in the Midst of Meditation

SLIM Module 2: Finding Focus through the Practice of Prayer

SLIM Module 3: Discovering Discernment through Fasting

SLIM Module 4: Creating Commitment through Study

SLIM Module 5: Gaining Generosity through Simplistic Living

SLIM Module 6: Seeking Security through Solitude

SLIM Module 7: Crafting Character through Submission

SLIM Module 8: Cultivating Competence through Service

SLIM Module 9: Righting Relationships in the Course of Confession

SLIM Module 10: Rekindling Passion through Worship

SLIM Module 11: Acquiring Vision through Guidance

SLIM Module 12: Changing Attitude through Celebration

Richard Foster offers this bit of advice, "The Spiritual Disciplines are an inward and spiritual reality and the inner attitude of the heart is far more crucial than the mechanics for coming into the reality of the spiritual life" (Celebration).

Spiritual Leadership Integration Model (SLIM)

Integrating Richard Foster's Spiritual Disciplines, John Maxwell's Leadership Qualities and examples from the life of Jesus.

Inward Disciplines:	Meditation	Prayer	Fasting	Study
Leadership Qualities:	Listening	Focus	Discernment	Commitment
Practical Application:	Walks	Journal	Weekly	Reading
Obstacles:	Busy-ness	Attention	Hunger	Discipline
Example:	Merton	B.Lawrence	M.Theresa	Willimon
Life of Jesus:	Alone	Model	Example	Temple
Scripture:	Mk1.35	Mt6.5-15	Mt6.16-18	Lu2.41-52
Outward Disciplines:	Simplicity	Solitude	Submission	Service
Leadership Qualities:	Generosity	Security	Character	Competence
Practical Application:	Giving	Monastery	Family	Social Services
Obstacles:	Selfishness	Distractions	Pride	Surrender
Example:	B.Graham	Murdock	7-steps	Nouwen
Life of Jesus:	Widowsmite	Retreat	Servant	Wash feet
Scripture:	Lu21.1-4	Mt 14.23	Phil 2	Jn13.1-17
Corporate Disciplines:	Confession	Worship	Guidance	Celebration
Leadership Qualities:	Relational	Passion	Vision	Attitude
Practical Application:	Accountable	Worship	Mentoring	Parties
Obstacles:	Honesty	Stagnation	Time	Planning
Example:	Wesley	C.Wesley	Coppedge	Hybels
Life of Jesus:	Adulterer	Temple\$	Disciples	Wine at wedding
Scripture:	Lu22.39-46	Jn2.12-25	Mt6.13	Ps 31.7, Jn 15.11

How to apply the model: If you hope to become a leader with better listening skills for example, focus on the inward discipline of "meditation." (SLIM Module 1: Learning to Listen in the Midst of Meditation.) The practical application offers one example to help develop the discipline and leadership quality in your life. For each quality, a Scripture reference is provided relating to how Jesus achieved "leadership spirituality" in his day.

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